

PERSONAL PATHWAY BLUEPRINT© Instructions

The *Personal Pathway Blueprint* is a suggested seven-step structure to support you in attuning to the innate channel within your being. This channel will provide you with the experience to *Know the Source of your Consciousness*, so you can have access to the imprints and wisdom within the Akashic field and beyond. In personalizing your Pathway to access this source of energy and consciousness, you deliberately create a path to connect and communicate with this source information. The blueprint is an outline which helps you create an invocation to consciously connect to this channel.

[Here is the link](#) to the Personal Pathway Blueprint©

OBJECTIVE:

To create a personal pathway which acts as an invocation to access the Akashic Records and/or beyond. We invite you to feel centered and connected with your innate wisdom and then ask these questions in whatever manner feels supportive to you. You can ask the questions out loud or ask them silently and then open yourself to the answers that are revealed. Please consider writing your answers in a journal or a Word doc, Pages Doc, or Google Doc. If you choose to type the answers in a document it will be easy to edit, delete, copy, paste, reorganize, etc. Ultimately, you want to consider adding your answers and reflections into a document so you can refine your pathway over time.

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PATHWAY BLUEPRINT:

Steps 1 and 2 are simply saying *Please* and *Thank You*.

The questions in these steps are an invitation, an exploration, for you and your inherent knowing and/or intuitive wisdom. If something pops into your mind, heart, or you feel an emotion, sensation in your body or a gut feeling please write it down. If nothing comes through for a question, be patient. It may be for that moment that question doesn't require an answer. All of these questions are intended to invoke a feeling. Tune in with your emotions. Was there a particular feeling that you felt? Move through all the questions, reflect to the best of your knowledge and if you did not receive an immediate response to some questions consider coming back. This is an evolutionary process, your pathway will evolve over time, just like you. There are also questions that might not be relevant to you or your pathway. All the questions are suggestions. Tune into what is in vibrational resonance and focus your attention there.

This is an outline and everyone's pathways will look, sound, and feel uniquely their own.

Your reflections and answers will give you the beginning workings of your pathway that ultimately turn into an invocation or perhaps a poem, a song, a sound frequency, a movement, a feeling, etc.

Here is the suggested intention and direction prior to diving into the Personal Pathway Blueprint which is a tool to create a pathway and access your Akashic Records, the Source of your Consciousness & beyond!

1. Drop into a relaxed and meditative state. Take a few deep breaths and connect to your heart and body.
2. Ask to have your inherent knowing and intuitive wisdom be your guide in this exploration.
3. Go question by question and stanza by stanza, asking yourself one question at a time. You can ask aloud or silently. Open yourself to however the answer or reflection wants to reveal itself to you. When you are ready write or type the stream of consciousness or whatever comes to you. You will refine and shorten your reflections later. Allow the consciousness of information to flow through you unrestricted. If you feel resistance make a note of it. Resistance is a powerful teacher.
4. When you've considered all the questions or the questions that resonate the most with you in parts 1 and 2, perhaps consider taking a break. Or if you feel inspired you can begin to refine what came through.
5. Next is the revision process where you get to read through for themes, words that feel alive and relevant to you at this time. If parts feel redundant, edit away. It is great to keep your original draft and make a copy (if you're using a document) so that you have the original to reference. During this refinement process you want to mold, shape, create a cadence so your pathway will reflect you and how you access the Akashic Records and/or beyond.

Step 3 is your intention. In accessing the Akashic Records and/or beyond consider whether you'd like to read your own Akashic Records, read for others, and/or read for anything that has a life force. This will inform how you write out versions of your Pathway to read for a third person or party.

Step 4 allows you to amplify the power of your pathway. Once you have created a rough draft of your pathway read it outloud. Feel into every word, phrase, verse, sentence, stanza and open yourself to what it invokes inside of you and how you connect with it. If you don't feel anything consider a phrase that you'd like to emphasize by repeating two, three, and even four times. Three times is particularly potent because it converges past, present, and future

life force energy. If you still feel like you are getting nothing what does “nothing” *feel* like? The energy of the Akashic Records is immediately converted into human emotion.

GUIDELINES BLUEPRINT:

Step 5 will support you in creating guidelines for the best practices in using your pathway. Very similarly to steps 1 and 2 please connect with your inherent knowing and intuitive wisdom to reflect and answer the suggested questions. Again, you may find a particular question is resonant with you while another may not. Reflect and answer what you can knowing you can come back to questions later. It may also be the case that some questions simply do not apply. Additionally, the guidelines may be different or similar depending on whether you are reading for yourself, for another person, or for something with a life force.

Step 6 allows you identify the unique energetic signature of your pathway by naming it. Does it have a name for you? Do you have a name for it? Or does it choose to be nameless? Allow your creative expression to flow and do not limit yourself around the possibilities.

Step 7 will guide you through the steps to protect your intellectual property in the United States which is where the Personal Pathway Blueprint© was originated. We have some resources for international copyright to point someone in the right direction but we have not outlined the steps.

[Here is the link](#) to the US Copyright document

[Here is the link](#) to the International Copyright resource document